



Getting Ready for the Big One

W---- OUR NATURAL HAZARDS

What are some of the natural hazards that could impact you and your whānau?

M DO YOU HAVE A PLAN?

If one of our natural hazards was to impact you today, do you have a plan? Even if you do, it's always a good idea to talk about it regularly.

Thinking through mini-scenarios can help us plan. Take a look at the six scenarios below, what can you do advance to be better prepared?

	For more information on how to plan ahead, visit: https://getready.govt.nz/prepare d/household/plan/
1 No power	Can't get home
I	No phone or internet
2	2

continued...

I Stuck at home	I
2	2

W-BE PREPARED AT HOME AND AWAY

Complete step one and two for both lists

STEP ONE: If you could only have 12 items in your emergency kit what would they be? Rank your top 1 - 12 items in the first circle, here 🔪

6666		
¢®	A list of emergency phone numbers and contacts	$\bigcirc\bigcirc\bigcirc$
×Ĵx	A copy of your Household Emergency Plan	$\bigcirc \bigcirc$
Ů Å	Toothbrush, toothpaste and soap	$\bigcirc\bigcirc$
	Tub for washing clothes and dishes	$\bigcirc \bigcirc$
	Dish washing + laundry soap	
	Prescription medicines for each family member	$\bigcirc \bigcirc$
\$; ; ; ; ; ; ; ; ; ;	Phone chargers and extra battery packs	$\bigcirc \bigcirc$
	Warm + waterproof clothing and sturdy shoes	
T	Non-perishable food (e.g. dried fruit, Marmite and peanut butter)	$\bigcirc\bigcirc$
	Cash	$\bigcirc \bigcirc$
	Books, games, puzzles or other fun things to do	$\bigcirc \bigcirc$
A O	Sports equipment: bat and ball, rugby or soccer ball etc	. 00
WHAT'S OUR	ON PLATES?	Bought to you by:

STEP TWO:

In the second circle, note any items you could put in your own grab bag with a "G" here

	Rubbish bags for waste	$\bigcirc \bigcirc \bigcirc$
	Water for drinking, washing + cooking, (7 days worth)	$\bigcirc\bigcirc$
(Diale)	Play Station / Xbox	$\bigcirc\bigcirc$
	Water purifying tablets	$\bigcirc\bigcirc$
	Toilet paper + large rubbish bags for your emergency toilet	$\bigcirc\bigcirc$
Ø. 00	A gas barbecue or camp stove to cook on	$\bigcirc\bigcirc$
(Second	Matches in a waterproof container	$\bigcirc \bigcirc$
	Small flashlight or headlamp + extra batteries	$\bigcirc \bigcirc$
	Tinned food and tin opener	$\bigcirc \bigcirc$
	Hand-cranked or battery-powered radio, with extra batteries	$\bigcirc\bigcirc$
(¢)	First aid kit	$\bigcirc \bigcirc$
2006 J	Non-perishable lollies, snacks and sweet treats	$\bigcirc\bigcirc$
	Pet and animal supplies: food, water, toys, bedding	$\bigcirc \bigcirc$
	EAST COAST LAB TOKA HUURANG SUBJUCTION JONE MO TŪ Ake	

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EXTENSION CHALLENGES FOR EXPERTS

!

- MAKING HOME SAFE

Can you name five things in this picture that can be checked, secured, or moved to make your home stronger and safer?



1		
2		
3		
4	 	
5	 	

₩— TSUNAMI HĪKOI

Complete this sentence:

If an earthquake is _____

strong get _____

Have you practiced your tsunami hīkoi?

A tsunami hīkoi is a walk that takes you along your tsunami evacuation route either inland or towards higher ground.



You can find out if you live, work or play in a tsunami evacuation zone by checking out:

or

Q....

www.getready.govt.nz/emergency/ tsunami/tsunami-evacuation-zones/

You may not live near a beach, but what would you do if you were on holiday by the sea and there was a tsunami warning?

Talking about these things with family before an emergency can save lives and reduce stress and worry in an evacuation.

If there was a tsunami warning right now, where would you go?

When you feel an earthquake remember to:

